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# Development of holistic health services of the Bangkok

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## ABSTRACT

The objective of this research is to study development of holistic health services of the Bangkok. Found The "COVID-19" phenomenon that has occurred in Bangkok has left no beds, There are no doctors, and there are people waiting for death at home. The outbreak of the Delta variant in mid-2021 is a reflection of the severity of Bangkok's public health system. And until earlier this year, the omicron mutated variant of the virus had spread among tens of millions of vaccinated people, It reflects that Bangkok's public health system is 'critical', when people are unable to contact for information or enter the medical system, both factors. Reflecting that Thailand's public health system still has significant vulnerabilities, Bangkok has a large population of 10 million people, with both primary and latent populations circulating in the 10 million mark but there is no public health system. From the background and significance of such issues. This makes the researcher interested in studying the development of holistic health services of the Bangkok. In order to be in line with the lifestyle of people in today's society. In response to the problem of rushing in today's society, many people do not have time to pay attention to taking care of themselves. including facing worsening environmental conditions, It causes stress easily and leads to many different diseases. Therefore, the researcher is interested in conducting a research study. Improving holistic health services to address people's health problems today.

**Keywords :** development/ holistic health services/ Bangkok

## INTRODUCTION

Hospital system and health insurance system that can be relied on. People struggle according to the circumstances, and if the provinces have provincial hospitals, there is a hospital center, General hospitals are "destinations". But for Bangkok, patients with complex diseases, Had to queue crowded to wait for treatment in Siriraj Hospital, Chulalongkorn Hospital, Ramathibodi Hospital. At the same time Private hospitals in Bangkok are increasing, expand, Expand branches and take turns to enter the stock exchange. And another notable figure is the number of "pharmacies" with as many as 5,000. In the capital, it accounts for one-third of the country. This makes it clear that people in the city have to buy their own medicines instead of going to the doctor, Instead of using the health insurance that you have. This reflects that the vulnerability in Bangkok has become a major problem that all governments neglect and leave Bangkok people to face health problems alone. Meanwhile, The government agency in charge of the Bureau of Health, and the Medical Bureau does not take hospital matters seriously. Hospitals that Bangkok is responsible for include: Vajira Hospital Central Hospital, Charoenkrung Hospital or Taksin Hospital. Although it can accept a large number of patients, it is concentrated only in some places, which is certainly not enough for the total population of the metropolitan area.

In the midst of the COVID-19 crisis, the universal health coverage system that began in 2001 is based on the basic health care system in the provinces. The referral order uses the hospital as a base before being transferred to the district hospital or provincial hospital. While in Bangkok there is a public health center at the front of the line, it is certainly not enough and hardly any city dweller thinks about it. The method of trying to caulk is to contract with private clinics, to be "warm community clinics", as a basis for screening before referral. Bangkok Bureau Hospital , also has very little development compared to University Bureau Hospital or Ministry of Public Health Hospital, While the public health center is until today, there is like no (Matichon Weekend, 2023).

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### **Research Objectives**

To study development of holistic health services of the Bangkok

## **RESEARCH METHODOLOGY**

Research on development of holistic health services of the Bangkok , The researcher used a qualitative research method by collecting data from documents (Documentary Research) by reviewing concepts and theories from relevant documents and researches.

### **Data Analysis**

The researcher analyzed data from documents and analyzed content (Content Analysis) by studying various documents and research related to the study to be analyzed and compared in order to obtain accurate and reliable information and perform data validation and reliability with triangular data validation, i.e. Consider the consistency and differentiation of data from time sources, Sources of places and sources of people

## **FINDINGS**

The study of development of holistic health services of the Bangkok found Bangkok has a large population of 10 million people, with both primary and latent populations circulating in the 10 million mark but there is no public health system, Hospital system and health insurance system that can be relied on. People struggle according to the circumstances, and if the provinces have provincial hospitals, there is a hospital center, General hospitals are "destinations". But for Bangkok, patients with complex diseases, Had to queue crowded to wait for treatment in Siriraj Hospital, Chulalongkorn Hospital, Ramathibodi Hospital. At the same time Private hospitals in Bangkok are increasing, expand, Expand branches and take turns to enter the stock exchange. And another notable figure is the number of "pharmacies" with as many as 5,000. In the capital, it accounts for one-third of the country. This makes it clear that people in the city have to buy their own medicines instead of going to the doctor, Instead of using the health insurance that you have. This reflects that the vulnerability in Bangkok has become a major problem that all governments neglect and leave Bangkok people to face health problems alone. Meanwhile, The government agency in charge of the Bureau of Health, and the Medical Bureau does not take hospital matters seriously. Hospitals that Bangkok is responsible for include: Vajira Hospital Central Hospital, Charoenkrung Hospital or Taksin Hospital. Although it can accept a large number of patients, it is concentrated only in some places, which is certainly not enough for the total population of the metropolitan area. that From the background and significance of such issues. This makes the researcher interested

in studying the Guidelines. for the development of holistic health services of the Bangkok Health Bureau. In order to be in line with the lifestyle of people in today's society. In response to the problem of rushing in today's society, many people do not have time to pay attention to taking care of themselves. including facing worsening environmental conditions, It causes stress easily and leads to many different diseases. Therefore, the researcher is interested in conducting a research study. Improving holistic health services to address people's health problems today. the Bangkok Health Bureau's holistic approach to health services development is characterized by a visual chart consisting of government policies as the bottom push, public health technology systems and reactive measures in the middle, and proactive measures, promote it at the top level too. In addition, the development of holistic health services includes: Health Promotion, Disease Prevention and Control, Primary Health Care and Health Recovery. The findings are useful for the Bangkok Health Bureau to formulate holistic service policies more effectively.

## CONCLUSION

### Conclusion and Recommendations

From this research, it can be concluded that development of holistic health services of the Bangkok, health services of the Bangkok can use the research results to improve the resources of development of holistic health services of the Bangkok, to be beautiful and perfectly suitable for travel. The research results support both public and private sector stakeholders in realizing and giving importance to management to create safety for development of holistic health services of the Bangkok

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